

Summer Crosley uncovered

By Sherrie Wilkolaski

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There is more than meets the eye with model and actress Summer Crosley, as I discovered in our recent interview. The Californication actress is our Luxe Beat Magazine May 2014 cover model and as she travels the globe, she's an advocate for ocean life conservation. Her beauty is more than skin-deep and her compassion for living things, both on and off land, is refreshing. She lives her life by not sweating the small stuff and after all of her exotic travels, she has plans to keep her life simple. Here is what she had to say during our online interview:

Sherrie Wilkolaski: How are you involved with Ocean Life Conservation?

Summer Crosley: Through my travels as a model, I've learned so much about different cultures, lifestyles and gained an awareness about ocean life conservation. It has been an enthralling experience and an essential part of my life journey. It's through traveling to so many beautiful destinations that I have learned the importance of ocean and wildlife conservation and have been working with conservation groups to raise awareness of the human impact on the world's oceans and rainforests. Despite my many career paths, dedication to various conservation groups is priority to give back and to me, is essential to a balanced life.

SW: Have you ever considered a different career path?

SC: Yes. It would be in the health and wellness industry. Healthy nutrition and living a balanced lifestyle are important to me. Meditation, yoga, juicing are all very essential aspects of my daily life and educating people on this is of great interest to me.

SW: What would you like to be doing in five or ten years?

SC: To be a mother and have a family of my





own. The idea of creating a family with someone you love is so beautiful to me. I would love to be living on an island somewhere, right on the water too.

SW: When you were a little girl, what did you dream about doing when you were an adult?

SC: I was born in Carbondale, IL a small town in the Midwest and am still a small town girl at heart. As a little girl, I knew I wanted to do something different, something about which my family could be proud. From a very young age, I had a passion for beauty and fashion and recognized I wanted to be part of the fashion and media industry.

SW: When you have a moment to yourself, what is that you like to do? How do you indulge

yourself?

SC: I focus my time and energy on an active lifestyle and the positive influence of family and friends, while getting involved with the environment. When life gets hectic, I trade in glamour for the beach or a hike any day.

SW: Do you have any compelling hobbies or little known secrets that people generally do not associate with your persona as a model?

SC: I am definitely an outdoors girl; riding around on a beach cruiser, laying out at the beach, hiking, spending time with my French Bulldog puppy Chloe, unquestionably always on an adventure to see and try new things in life.

SW: Where is your favorite place to travel?

SC: Africa, I love Africa. The wildlife, the





animals, the landscape, the entire country is so amazing to me. When I am there, I feel so different, almost like I am re-living in some other past life.

SW: When you travel, what can't you do without?

SC: Sunglasses, body oil to keep hydrated, and my iPhone to take lot of pics!

SW: What simple beauty secret can you pass along to our readers?

SC: To really take care of your skin. It is so important to exfoliate and use natural products. Our skin is like a sponge, and the products we put on it absorb into our bodies. Using the highest quality products is essential.

SW: Is there anything special you would like

people to know about you that they don't see on the surface?

SC: Yes, that I have always tried to stay focused, even when others try to bring me down. It is so important to be confident, strong and secure on the inside. The world is a competitive place, and if you believe in and love yourself, then can accomplish your dreams.

SW: What is your favorite book?

SC: Don't Sweat the Small Stuff, by Richard Carlson.

SW: When you get up in the morning, what is the first thing you reach for?

SC: Water. I am usually very thirsty and love drinking water first thing. Then after that, I go for the coffee!

SW: Do you prefer modeling or acting?

SC: I love both, however they are so different. Acting is definitely more challenging, but so much more exciting, and it really tests one's abilities.

SW: What is next for you?

SC: There is a major role that I'll be playing which is coming out next season, but right now it is still secret. My week is always different, whether it be a magazine shoot, filming a commercial, TV show, and ocean conservation meetings. I never know one week to the next.

Photographer: Verana Miller

Model: Summer Crosley

Wardrobe: Mara Hoffman